



*Frauke Fiedler-Vaartjes*

born 1977 in the French Province of Vaison La Romain, underwent a transformative journey. After a childhood in northern Germany, she earned degrees in economics and business. Her parents' death at twenty-two prompted lifestyle changes, including becoming a fitness instructor.

A transformative year in the USA, particularly in Colorado, inspired her to continue her journey toward wellness. After becoming a licensed massage therapist (2008) and aesthetician (2010), she opened Corpus Sanus Spa in 2011. In 2015, she earned her EMT license but started questioning Western Medicine after observing the potential of less invasive measures and the impact of lifestyle on health.

A mountaineering accident sparked her interest in acupuncture, leading to a master's degree in Classical Five Elements Acupuncture as well as a master's degree in Traditional Chinese Medicine, a life changing journey she started in 2018 and hopefully finishing up in 2024. Despite a personal growth-induced pause of two years, Frauke is passionate about using massage therapy and this amazing transformative medicine to enhance health and lives now.